ISLAM FOR EVERYONE

My surahs

Eleven short surahs: what they mean and what they tell you today

11 lessons

- Every lesson: a story about young people in three parts, with a talking question.
- A verse from the Quran or a hadith: Arabic, pronunciation and meaning.
- Six questions, Remember this, a word search and spot the 7 differences.

Fatih Koçoğlu

Islam voor Iedereen · special secondary education

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1 **Al-Fatiha** · surah 1 · the opening

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8 **An-Nasr** · surah 110 · help and victory

9 **Al-Fil** · surah 105 · the elephant

10 **Quraysh** · surah 106 · being grateful

11 **Al-Masad** · surah 111 · the rope of fibre

How to use a lesson

- Read the story together, part by part. Discuss the talking question.
- Read Did you know? and the verse: first the Arabic, then the pronunciation, then the meaning.
- Then: six questions, Remember this, and Think and write.
- Last page: word search and spot the 7 differences.

My eleven surahs

1. **Al-Fatiha (1)** the opening: praise for Allah and asking for the straight path
2. **Al-Ikhlas (112)** Allah is One, no one is like Him
3. **Al-Falaq (113)** protection against the evil outside you
4. **An-Nas (114)** protection against the whispering in your heart
5. **Al-Kawthar (108)** Allah comforts the Prophet with much good
6. **Al-Asr (103)** use your time well
7. **Al-Kafirun (109)** clear in your faith, respectful to others
8. **An-Nasr (110)** after success: thanks and humility
9. **Al-Fil (105)** Allah protects the Ka'ba against the army with the elephant
10. **Quraysh (106)** being grateful for food and safety
11. **Al-Masad (111)** money and family do not save you: your deeds count

Name: ..... Date: .....

Al-Fatiha

Lesson 1 · surah 1 · the opening

📖 The story: Al-Fatiha
Read together, part by part.

Part 1 – Seventeen times a day

Bilal is sixteen. One day he counts how often he recites Al-Fatiha. Two rak'as at fajr, four at dhuhr, four at asr, three at maghrib, four at isha. "Seventeen times!" he says to his sister Amira. "Every day the same seven sentences." Amira laughs. "And do you know what they mean?" Bilal hesitates. He knows the Arabic words very well. The meaning much less. That evening he looks it up.

☆ Without Al-Fatiha there is no prayer.

hesitate = doubt before you say something · **meaning** = what something means

Part 2 – A conversation with Allah

Bilal reads the translation. The first verses are praise: Allah is the Lord of the worlds, the Most Gracious, the King of the Last Day. Then comes a promise: You alone we worship, You alone we ask for help. And at the end a request: guide us to the straight path. Amira tells him a hadith: Allah answers every verse of Al-Fatiha. "When you say: all praise is for Allah, Allah says: My servant has praised Me." Bilal is quiet. "So it is actually a conversation."

☆ Al-Fatiha is a conversation between you and Allah.

praise = saying something good about someone · **promise** = saying you will certainly do something

Part 3 – Slower

The next morning Bilal prays fajr. For the first time he recites Al-Fatiha slowly. At Ihdina s-sirata l-mustaqim he thinks of his exam, of his friends, of the choices he has to make. The straight path: that is what he needs. After the prayer he says to Amira: "I've been reading it too fast for seventeen years." "You're sixteen," she laughs. "Even so," says Bilal.

☆ Recite Al-Fatiha slowly and think about the meaning.

the straight path = the right way in life · **choice** = decision between two things

💬 **Let's talk:** At which verse of Al-Fatiha would you most like to pause? Why?

💡 Did you know? – Al-Fatiha

- Al-Fatiha means: the opening. It stands at the front of the Quran.
- It is also called Umm al-Quran, the mother of the Quran, because the whole message comes together in it.
- After Al-Fatiha we say Amin: O Allah, accept it.

📖 Surah Al-Fatiha
surah 1 · 7 verses · Mecca

1
بِسْمِ ٱللَّهِ ٱلرَّحْمَٰنِ ٱلرَّحِيمِ
Bismillaahir-rahmaanir-rahim
In the name of Allah, the Most Gracious, the Most Merciful.

2
ٱلْحَمْدُ لِلَّهِ رَبِّ ٱلْعَٰلَمِينَ
Al-hamdu lillaahi rabbil-'aalamin
All praise is for Allah, Lord of the worlds.

3
ٱلرَّحْمَٰنِ ٱلرَّحِيمِ
Ar-rahmaanir-rahim
The Most Gracious, the Most Merciful.

4
مَٰلِكِ يَوْمِ ٱلدِّينِ
Maaliki yawmid-din
Master of the Day of Judgement.

5
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaaka na'budu wa iyyaaka nasta'in
You alone we worship and You alone we ask for help.

6
ٱهْدِنَا ٱلصِّرَٰطَ ٱلْمُسْتَقِيمَ
Ihdinas-siraatal-mustaqim
Guide us to the straight path.

7
صِرَٰطَ ٱلَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ ٱلْمَغْضُوبِ عَلَيْهِمْ وَلَا ٱلضَّآلِّينَ
Siraatal-ladhina an'amta 'alayhim, ghayril-maghdubi 'alayhim wa lad-daalin
The path of those You have blessed, not of those who earned anger, nor of those who went astray.

Al-Fatiha

Lesson 1 · questions and writing

✔ Questions

Tick the correct answer.

1. How often does Bilal recite Al-Fatiha a day?

- ◯ five times
- ◯ seventeen times

2. What does Al-Fatiha mean?

- ◯ the opening
- ◯ the elephant

3. Where is Al-Fatiha in the Quran?

- ◯ at the back
- ◯ at the front

4. What does Allah do at every verse?

- ◯ He stays silent
- ◯ He answers

5. Why does Bilal ask for the straight path?

- ◯ for his bike
- ◯ for his choices

6. What do we say after Al-Fatiha?

- ◯ Allahu akbar
- ◯ Amin

⭐ **Remember this:** Al-Fatiha is the opening of the Quran and of every prayer.

✍ Think and write

Answer in a few sentences.

1. What do you ask Allah for in Al-Fatiha?

2. Why is it better to recite Al-Fatiha slowly?

Puzzles

Lesson 1 · Al-Fatiha

🔤 Word search

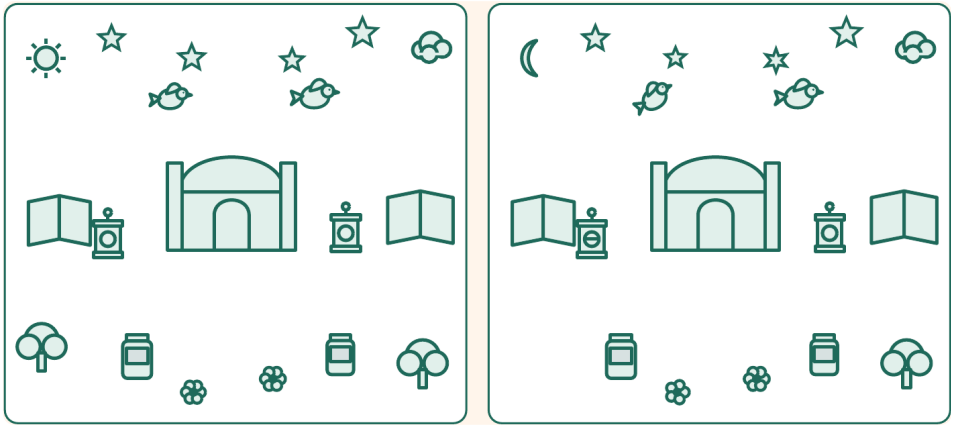
Find the words: from left to right and from top to bottom.

P	G	A	A	O	A	R	I	E	A	I
A	R	E	P	R	A	R	B	N	A	N
T	A	H	E	L	P	H	I	E	Y	A
H	R	L	O	R	D	O	L	P	A	P
A	O	O	E	I	A	A	A	A	E	R
O	P	E	N	I	N	G	L	M	O	A
A	L	A	A	A	H	I	R	I	I	Y
P	A	E	A	M	I	R	A	N	P	E
A	R	L	R	L	L	A	R	N	P	R
L	P	I	A	I	P	R	A	I	S	E
N	E	P	I	F	A	T	I	H	A	R

☐ **OPENING** ☐ **FATIHA** ☐ **PRAISE** ☐ **PRAYER** ☐ **BILAL** ☐ **AMIRA** ☐ **LORD** ☐ **PATH** ☐ **AMIN** ☐ **HELP**

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

Al-Ikhlas

Lesson 2 · surah 112 · sincerity

📖 **The story: Al-Ikhlas**
Read together, part by part.

Part 1 – A question at the internship

Ilyas is doing an internship at a garage. During the break his colleague Kevin asks: “What does your God actually look like?” For a moment Ilyas doesn’t know what to say. “He doesn’t look like anything we know,” he says then. “There is nothing like Him.” Kevin nods. “That’s hard to imagine.” “Exactly,” says Ilyas. “And you don’t have to.”

⭐ **There is nothing and no one like Allah.**

internship = learning at a workplace · **imagine** = make a picture in your head

Part 2 – The same question, long ago

At home his mother tells him that people asked the Prophet the same question. “Describe your Lord to us,” they said. Then Surah Al-Ikhlas came. Everything is in four short verses: Allah is One. Everyone needs Him, He needs no one. He has no children and no parents. No one is equal to Him. “That is why the Prophet said this surah is worth a third of the Quran,” she says.

⭐ **Al-Ikhlas is worth a third of the Quran.**

describe = tell what something is like · **equal** = the same

Part 3 – The answer for Kevin

The next day Ilyas writes the four sentences of the meaning on a note. He gives it to Kevin. Kevin reads it twice. “Short and clear,” he says. “I can work with that.” Ilyas is happy. He said nothing difficult, only what Allah Himself says about Himself. That evening he recites Al-Ikhlas three times before going to sleep, as the Prophet did.

⭐ **Al-Ikhlas: Allah is One, He needs no one.**

clear = easy to understand · **note** = small piece of paper with text

💬 **Let’s talk:** How would you explain to a friend in your own words who Allah is?

💡 **Did you know? – Al-Ikhlas**

- Ikhlas means sincerity: your faith is pure, only for Allah.
- Whoever recites Al-Ikhlas three times gets the reward of the whole Quran, said the Prophet.
- Many Muslims recite Al-Ikhlas, Al-Falaq and An-Nas before going to sleep.

📖 **Surah Al-Ikhlas**
surah 112 · 4 verses · Mecca

1
قُلْ هُوَ ٱللَّهُ أَحَدٌ
Qul huwal-laahu ahad
Say: He is Allah, the One.

2
ٱللَّهُ ٱلصَّمَدُ
Allaahus-samad
Allah, the Eternal Refuge.

3
لَمْ يَلِدْ وَلَمْ يُولَدْ
Lam yalid wa lam yulad
He neither begets nor is born.

4
وَلَمْ يَكُن لَّهُۥ كُفُوًا أَحَدٌۢ
Wa lam yakun lahu kufuwan ahad
And there is none comparable to Him.

Al-Ikhlas

Lesson 2 · questions and writing

✔ Questions

Tick the correct answer.

1. Where is Ilyas doing his internship?

- ◯ at a bakery
- ◯ at a garage

2. What did Kevin ask?

- ◯ what God looks like
- ◯ what time it is

3. How many verses does Al-Ikhlas have?

- ◯ seven
- ◯ four

4. Does Allah need anyone?

- ◯ no, no one
- ◯ yes, the angels

5. How much is Al-Ikhlas worth?

- ◯ a third of the Quran
- ◯ half of the Quran

6. What does ikhlas mean?

- ◯ opening
- ◯ sincerity

⭐ **Remember this:** Allah is One and no one is equal to Him.

✍ Think and write

Answer in a few sentences.

1. Explain in your own words what Al-Ikhlas says about Allah.

2. Why is this surah so important?

Puzzles

Lesson 2 · Al-Ikhlas

🔤 Word search

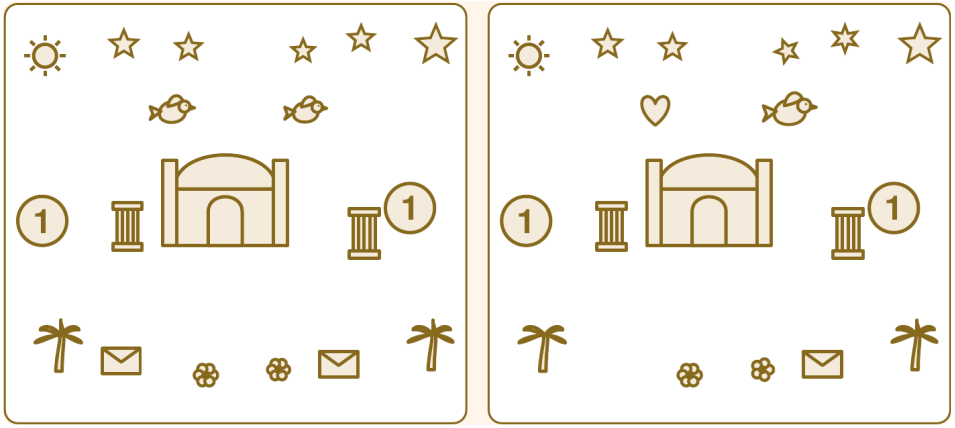
Find the words: from left to right and from top to bottom.

V	N	O	T	E	N	S	R	D	E	L
E	A	G	A	R	A	G	E	S	S	G
R	I	O	T	I	L	Y	A	S	L	E
S	E	Q	U	A	L	E	I	K	K	I
E	E	I	K	H	L	A	S	Q	E	A
S	N	H	E	S	E	K	A	A	V	U
R	T	I	E	L	E	V	G	L	I	R
A	H	E	L	I	R	K	T	R	N	H
S	I	S	I	N	C	E	R	E	S	Q
H	R	E	E	E	A	E	S	S	L	L
O	D	R	O	N	E	S	T	S	S	N

☐ SINCERE ☐ IKHLAS ☐ GARAGE ☐ VERSES ☐ ILYAS ☐ KEVIN ☐ THIRD ☐ EQUAL ☐ NOTE ☐ ONE

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

Al-Falaq

Lesson 3 · surah 113 · the daybreak

📖 **The story: Al-Falaq**
Read together, part by part.

Part 1 – Afraid in the dark

Hanae is fifteen. She comes home late from the library. It is November and by five o'clock it is already dark. A group of boys is hanging around in the street. Her heart beats fast. She keeps walking and quietly whispers the words her grandmother taught her: Qul a'udhu bi-rabbi l-falaq. She walks on calmly. At home she locks the door and takes a deep breath.

⭐ **When you are afraid, you seek protection with Allah.**

library = place where you borrow books · **whisper** = talk very quietly

Part 2 – What does it mean?

At the table Hanae tells her father. He explains the surah. "Falaq is the daybreak, the moment the light breaks through the night. You seek protection with the Lord of that light. Against the evil in creation, against the evil of the dark night, against magic and against the envy of someone who is envious." "Envy too?" asks Hanae. "Yes," says her father. "Envy can destroy a lot."

⭐ **Al-Falaq: protection against the evil outside you.**

daybreak = first light of the morning · **envy** = not wanting someone else to have something

Part 3 – Not afraid but sensible

Her father also says: "The surah doesn't replace your common sense. Take a well-lit road, call if you are late, go together if you can." Hanae nods. The next time she asks her friend Nora to come along. On the way she teaches Nora the meaning of Al-Falaq. "Beautiful," says Nora. "The light that breaks through the night."

⭐ **Trust in Allah and use your common sense.**

sensible = thinking wisely · **well-lit** = with lamps

💬 **Let's talk:** When do you feel unsafe? What can you do then, with your heart and with your mind?

💡 **Did you know? – Al-Falaq and An-Nas**

- Al-Falaq and An-Nas together are called al-Mu'awwidhatan: the two surahs of protection.
- The Prophet recited them every evening before sleeping and then blew gently into his hands.
- They both begin with Qul a'udhu: say, I seek protection.

📖 **Surah Al-Falaq**
surah 113 · 5 verses · Mecca

1 قُلْ أَعُوذُ بِرَبِّ ٱلْفَلَقِ

Qul a'udhu birabbil-falaq

Say: I seek refuge in the Lord of daybreak,

2 مِن شَرِّ مَا خَلَقَ

Min sharri maa khalaq

from the evil of what He created,

3 وَمِن شَرِّ غَاسِقٍ إِذَا وَقَبَ

Wa min sharri ghaasiqin idhaa waqab

and from the evil of darkness when it settles,

4 وَمِن شَرِّ ٱلنَّفَّٰثَٰتِ فِى ٱلْعُقَدِ

Wa min sharrin-naffaathaati fil-'uqad

and from the evil of those who blow on knots,

5 وَمِن شَرِّ حَاسِدٍ إِذَا حَسَدَ

Wa min sharri haasidin idhaa hasad

and from the evil of an envier when he envies.

My surahs · Fatih Koçoğlu · Islam voor Iedereen

Al-Falaq

Lesson 3 · questions and writing

✔ Questions

Tick the correct answer.

1. Where is Hanae coming from?

- ◯ from the sports hall
- ◯ from the library

2. What does falaq mean?

- ◯ the night
- ◯ the daybreak

3. What can destroy a lot?

- ◯ envy
- ◯ light

4. Who taught Hanae the words?

- ◯ her grandmother
- ◯ her teacher

5. What should you also use?

- ◯ your common sense
- ◯ your phone games

6. Who does Hanae go with the next time?

- ◯ alone
- ◯ with Nora

⭐ **Remember this:** Qul a'udhu bi-rabbi l-falaq: I seek protection with the Lord of the daybreak.

✍ Think and write

Answer in a few sentences.

1. What do you seek protection against in Al-Falaq?

.....

.....

.....

2. What can you do yourself to be safe?

.....

.....

.....

Puzzles

Lesson 3 · Al-Falaq

🔤 Word search

Find the words: from left to right and from top to bottom.

V	L	H	A	V	R	Y	I	O	A	I
N	A	E	N	V	Y	H	A	N	A	E
E	N	A	K	H	Y	N	G	N	I	G
L	I	E	G	N	Y	A	E	L	A	R
Y	G	T	S	A	F	E	N	I	A	A
R	H	F	A	L	A	Q	O	G	H	N
A	T	R	H	A	E	A	R	H	E	D
V	D	A	V	N	V	F	A	T	R	M
M	D	A	Y	B	R	E	A	K	A	A
A	A	E	N	V	V	N	L	G	T	G
E	V	I	L	F	A	E	E	D	A	B

☐ DAYBREAK ☐ GRANDMA ☐ FALAQ ☐ NIGHT ☐ LIGHT ☐ HANAE ☐ NORA ☐ ENVY ☐ SAFE ☐ EVIL

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

An-Nas

Lesson 4 · surah 114 · mankind

📖 The story: An-Nas
Read together, part by part.

Part 1 – A little voice

Rayan is still on his phone at midnight. Tomorrow he has a test. A little voice in his head says: “Just one more video. You still have time.” At half past one he puts his phone away. The test goes badly. “Why do I always do that?” he sighs to his big brother Adam.

☆ There is a little voice that pushes you towards bad choices.

midnight = twelve o’clock at night · **test** = small exam at school

Part 2 – The whisperer

Adam smiles. “That little voice has a name in the Quran. Al-waswas al-khannas: the whisperer who withdraws.” He explains Surah An-Nas. The word nas, people, appears again and again. You seek protection with the Lord, the King and the God of people. Against the whisperer in your heart. “He withdraws when you remember Allah,” says Adam. “As soon as you think of Allah, he goes quiet.”

☆ The whisperer goes quiet when you think of Allah.

waswas = the whisperer · **remember** = think of someone, mention his name

Part 3 – A plan

Rayan makes a plan. At ten o’clock his phone goes to the kitchen. Before sleeping he recites the last three surahs. If the little voice starts anyway, he says: a‘udhu billah. The first evenings are hard. After two weeks he sleeps better. “It works,” he says to Adam. “Not only the surah,” says Adam. “Your plan too. Allah helps those who help themselves.”

☆ Seek protection with Allah and make a good plan.

plan = deciding in advance how to do something · **a‘udhu billah** = I seek protection with Allah

💬 **Let’s talk:** Which little voice do you sometimes hear? What can help you to silence it?

💡 Did you know? – An-Nas

- An-Nas is the last surah of the Quran, number 114.
- The word nas (people) appears five times in this short surah.
- The whisperer can be a jinn, but also a person who advises you to do bad things.

📖 Surah An-Nas
surah 114 · 6 verses · Mecca

1
قُلْ أَعُوذُ بِرَبِّ ٱلنَّاسِ
Qul a‘udhu birabbin-naas
Say: I seek refuge in the Lord of people,

2
مَلِكِ ٱلنَّاسِ
Malikin-naas
the King of people,

3
إِلَٰهِ ٱلنَّاسِ
Ilaahin-naas
the God of people,

4
مِن شَرِّ ٱلْوَسْوَاسِ ٱلْخَنَّاسِ
Min sharril-waswaasil-khannaas
from the evil of the retreating whisperer,

5
ٱلَّذِى يُوَسْوِسُ فِى صُدُورِ ٱلنَّاسِ
Alladhi yuwaswisu fi sudurin-naas
who whispers into the hearts of people,

6
مِنَ ٱلْجِنَّةِ وَٱلنَّاسِ
Minal-jinnati wan-naas
from among jinn and people.

An-Nas

Lesson 4 · questions and writing

✔ Questions

Tick the correct answer.

1. What is Rayan doing at midnight?

- ◯ studying
- ◯ being on his phone

2. What does al-waswas mean?

- ◯ the king
- ◯ the whisperer

3. When does the whisperer go quiet?

- ◯ when you think of Allah
- ◯ when you play games

4. Where does Rayan put his phone at ten?

- ◯ under his pillow
- ◯ in the kitchen

5. What number is An-Nas?

- ◯ 1
- ◯ 114

6. Where can the whispering come from?

- ◯ from jinn and people
- ◯ only from animals

⭐ **Remember this:** Qul a'udhu bi-rabbi n-nas: I seek protection with the Lord of mankind.

✍ Think and write

Answer in a few sentences.

1. What is the whisperer? Give an example from your own life.

2. Make a plan like Rayan for something you want to change.

Puzzles

Lesson 4 · An-Nas

🔤 Word search

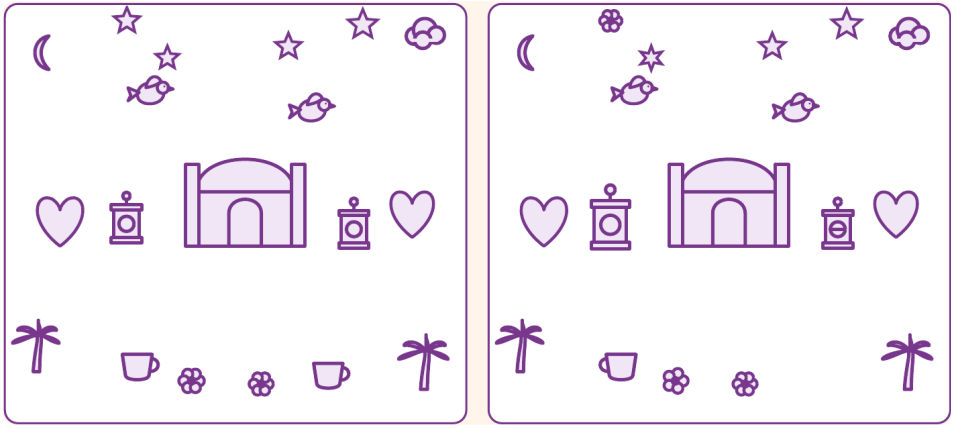
Find the words: from left to right and from top to bottom.

M	N	P	L	N	P	P	E	E	H	P
S	K	A	D	A	M	P	S	S	W	E
T	I	I	R	A	A	P	R	H	E	O
R	N	E	H	A	N	A	S	H	T	P
L	G	R	E	P	H	E	A	R	T	L
W	P	T	A	N	A	P	A	R	A	E
E	G	E	O	A	Y	A	P	P	N	P
A	W	A	S	W	A	S	A	H	P	Y
R	A	Y	A	N	E	L	L	O	L	L
A	W	H	I	S	P	E	R	N	A	I
P	R	W	A	A	H	E	H	E	N	E

☐ WHISPER ☐ PEOPLE ☐ WASWAS ☐ RAYAN ☐ PHONE ☐ HEART ☐ KING ☐ ADAM ☐ PLAN ☐ NAS

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

Al-Kawthar

Lesson 5 · surah 108 · abundance

📖 The story: Al-Kawthar
Read together, part by part.

Part 1 – Laughed at

Soufiane is small for his age. In class they call him “mini”. He laughs along, but at home he is sad. His uncle Rachid notices. “Did you know the Prophet was also laughed at?” he asks. Soufiane looks up. “The Prophet? Why?”

☆ The Prophet was also laughed at.

laugh at = laugh about someone to hurt him · **age** = how old you are

Part 2 – Comfort from Allah

Uncle Rachid tells him. The sons of the Prophet died when they were still small. A man from Mecca mocked him: “He is cut off. When he dies, he will be forgotten.” The Prophet was sad. Then Surah Al-Kawthar came, the shortest surah of the Quran. Allah says: We have given you al-Kawthar, much good. So pray and sacrifice. Whoever hates you, he is the one cut off. “And look,” says Uncle Rachid. “All over the world millions of people mention his name every day. Who still knows that man?”

☆ Allah comforted the Prophet: He gave him much good.

comfort = words that make you less sad · **cut off** = without a future

Part 3 – What really counts

Soufiane thinks. “So what they say doesn’t decide who I am.” “Exactly,” says his uncle. “Allah looks at your heart and your deeds.” The next day a boy says “mini” again. Soufiane doesn’t laugh along. He says calmly: “My name is Soufiane.” It goes quiet. A week later nobody says it any more.

☆ What others say does not decide who you are.

decide = determine · **deeds** = what you do

💬 **Let’s talk:** What can you do when someone laughs at you? And when you see someone else being laughed at?

💡 Did you know? – Al-Kawthar

- Al-Kawthar is the shortest surah of the Quran: three verses.
- Al-Kawthar is also the name of a river in Paradise that Allah promised the Prophet.
- The Prophet said: its water is whiter than milk and sweeter than honey.

📖 Surah Al-Kawthar
surah 108 · 3 verses · Mecca

1

إِنَّآ أَعْطَيْنَٰكَ ٱلْكَوْثَرَ

Innaa a‘taynaakal-kawthar

We have given you al-Kawthar (abundant good).

2

فَصَلِّ لِرَبِّكَ وَٱنْحَرْ

Fa salli lirabbika wanhar

So pray to your Lord and sacrifice.

3

إِنَّ شَانِئَكَ هُوَ ٱلْأَبْتَرُ

Inna shaani’aka huwal-abtar

Indeed, your enemy is the one cut off.

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Al-Kawthar

Lesson 5 · questions and writing

✔ Questions

Tick the correct answer.

1. What do they call Soufiane in class?

◯ mini ◯ maxi

2. Who helps Soufiane?

◯ his teacher ◯ Uncle Rachid

3. What did a man say about the Prophet?

◯ he is rich ◯ he is cut off

4. What does kawthar mean?

◯ much good ◯ little

5. How many verses does Al-Kawthar have?

◯ six ◯ three

6. What does Soufiane say calmly?

◯ My name is Soufiane ◯ I am mini

⭐ **Remember this:** Al-Kawthar: Allah gave the Prophet much good.

✍ Think and write

Answer in a few sentences.

1. How did Allah comfort the Prophet?

2. What would you say to someone who is being laughed at?

Puzzles

Lesson 5 · Al-Kawthar

🔤 Word search

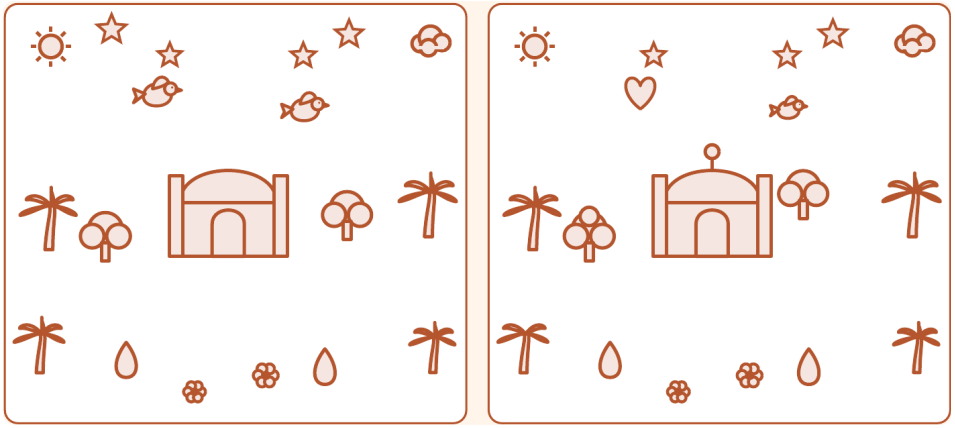
Find the words: from left to right and from top to bottom.

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R	I	T	K	R	M	I	L	K	C	E

☐ SACRIFICE ☐ SOUFIANE ☐ KAWTHAR ☐ COMFORT ☐ RACHID ☐ RIVER ☐ HONEY ☐ MINI ☐ PRAY ☐ MILK

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

Al-Asr

Lesson 6 · surah 103 · time

📖 **The story: Al-Asr**
Read together, part by part.

Part 1 – Four hours a day

Ines looks at her screen time. Four hours and twelve minutes a day. “That’s more than a working day a week,” she calculates. She gets a shock. Her friend Douae laughs. “Everybody does that.” But Ines keeps thinking about it.

⭐ **Your time is precious: you never get it back.**

screen time = time on your phone or computer · **precious** = worth a lot

Part 2 – By time

In Islam class Mr Karim reads Surah Al-Asr. “Allah swears by time,” he says. “He only does that by something very important. Every person is in loss, except those who do four things: believe, do good deeds, advise each other to the truth, and advise each other to be patient.” Imam ash-Shafi‘i said: if people only understood this surah well, it would be enough.

⭐ **Whoever believes, does good and helps others, does not lose.**

swear = say something very solemnly · **patient** = able to wait calmly

Part 3 – Helping each other

Ines sets a limit on her apps: two hours a day. With the time left over she helps her little brother with reading. She tells Douae about the surah. “Advise each other,” she says. “That’s why I’m telling you too.” Douae rolls her eyes, but a week later she sets a limit too.

⭐ **Advise each other to do good, with patience.**

limit = a line you don’t cross · **advise** = say that something is good to do

💬 **Let’s talk:** What do you waste a lot of time on? What would you do with an extra hour a day?

💡 **Did you know? – Al-Asr**

- Asr means time, but also afternoon. The asr prayer has the same name.
- The companions of the Prophet often recited Al-Asr to each other when they parted.
- The surah names four things: faith, good deeds, truth and patience.

📖 **Surah Al-Asr**
surah 103 · 3 verses · Mecca

1
وَٱلْعَصْرِ
Wal-‘asr
By time!

2
إِنَّ ٱلْإِنسَٰنَ لَفِى خُسْرٍ
Innal-insaana lafi khusr
Surely mankind is in loss,

3
إِلَّا ٱلَّذِينَ ءَامَنُواْ وَعَمِلُواْ ٱلصَّٰلِحَٰتِ وَتَوَاصَوْاْ بِٱلْحَقِّ وَتَوَاصَوْاْ بِٱلصَّبْرِ
Illal-ladhina aamanu wa ‘amilus-saalihaati wa tawaasaw bil-haqqi wa tawaasaw bis-sabr
except those who believe, do good deeds, and urge one another to truth and to patience.

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Al-Asr

Lesson 6 · questions and writing

✔ Questions

Tick the correct answer.

1. How much screen time does Ines have?

- ◯ more than four hours
- ◯ ten minutes

2. What does Allah swear by in this surah?

- ◯ by the sea
- ◯ by time

3. Who does not lose?

- ◯ whoever sleeps a lot
- ◯ whoever believes and does good

4. What limit does Ines set?

- ◯ two hours a day
- ◯ six hours a day

5. Who does Ines help with reading?

- ◯ her grandmother
- ◯ her little brother

6. What did the companions recite when they parted?

- ◯ Al-Fil
- ◯ Al-Asr

⭐ **Remember this:** Faith, good deeds, truth and patience: that is how you use your time well.

✍ Think and write

Answer in a few sentences.

1. Which four things help you not to lose?

.....

.....

2. How can you use your time better?

.....

.....

.....

Puzzles

Lesson 6 · Al-Asr

🔤 Word search

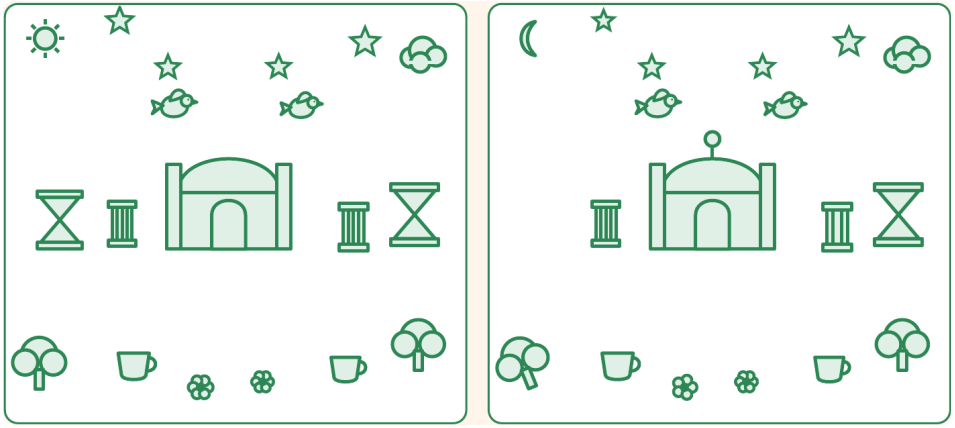
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S	N	E	O	L	I	M	I	T	U	I
L	D	E	U	O	I	T	M	T	L	E
M	E	E	L	E	S	C	R	E	E	N
E	T	U	A	S	E	T	I	M	E	C
T	H	D	O	U	A	E	R	T	U	E
E	I	R	O	E	M	C	R	R	E	I
T	N	L	L	O	S	S	A	L	M	R
U	T	R	U	T	H	U	I	A	N	E

☐ PATIENCE ☐ SCREEN ☐ TRUTH ☐ DOUAE ☐ LIMIT ☐ KARIM ☐ TIME ☐ INES ☐ LOSS ☐ ASR

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

Al-Kafirun

Lesson 7 · surah 109 · clear and respectful

📖 The story: Al-Kafirun
Read together, part by part.

Part 1 – Christmas market

Mehdi's class goes to the Christmas market in Ghent. His friend Lars says: "Come on, let's light a candle together in the church. It's just for the atmosphere." Mehdi hesitates. He doesn't want to be rude. But he feels it isn't right for him.

☆ Sometimes you have to say no politely.

Christmas market = market in December with stalls · **rude** = not friendly

Part 2 – An offer in Mecca

Mehdi thinks of what he learned about Surah Al-Kafirun. In Mecca some leaders made the Prophet an offer: "You worship our gods for a year, and we worship your God for a year." Then this surah came. The answer was clear: I do not worship what you worship. But also without a quarrel: you have your religion and I have mine.

☆ Lakum dinukum wa liya din: to you your religion, and to me mine.

offer = an idea you put to someone · **religion** = faith

Part 3 – Staying friends

Mehdi says to Lars: "I'll come inside to look, but I won't light a candle. That isn't part of my faith." Lars shrugs. "OK, no problem." Afterwards they drink hot chocolate together. Mehdi thinks: you can be clear and still stay friends.

☆ Clear in your faith and friendly to everyone.

clear = so that everyone understands · **respect** = valuing someone as he is

💬 **Let's talk:** How can you say no to a friend without hurting him?

💡 Did you know? – Al-Kafirun

- The Prophet often recited Al-Kafirun and Al-Ikhlas in the two rak'as before the fajr prayer.
- He said that Al-Kafirun is worth a quarter of the Quran.
- In Islam no one may be forced to believe (Quran 2:256).

📖 Surah Al-Kafirun
surah 109 · 6 verses · Mecca

1
قُلْ يَٰٓأَيُّهَا ٱلْكَٰفِرُونَ
Qul yaa ayyuhal-kaafirun
Say: O disbelievers,

2
لَآ أَعْبُدُ مَا تَعْبُدُونَ
Laa a'budu maa ta'budun
I do not worship what you worship,

3
وَلَآ أَنتُمْ عَٰبِدُونَ مَآ أَعْبُدُ
Wa laa antum 'aabiduna maa a'bud
nor do you worship what I worship,

4
وَلَآ أَنَا۠ عَابِدٌ مَّا عَبَدتُّمْ
Wa laa ana 'aabidum-maa 'abadttum
nor will I worship what you worship,

5
وَلَآ أَنتُمْ عَٰبِدُونَ مَآ أَعْبُدُ
Wa laa antum 'aabiduna maa a'bud
nor will you worship what I worship.

6
لَكُمْ دِينُكُمْ وَلِىَ دِينِ
Lakum dinukum wa liya din
To you your religion, and to me mine.

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Al-Kafirun

Lesson 7 · questions and writing

✔ Questions

Tick the correct answer.

1. Where does Mehdi’s class go?

- ◯ to the seaside
- ◯ to the Christmas market

2. What does Lars ask?

- ◯ to eat a pizza
- ◯ to light a candle

3. What did leaders in Mecca propose?

- ◯ worshipping each other’s gods in turn
- ◯ trading together

4. What does lakum dinukum mean?

- ◯ you have your religion
- ◯ you are welcome

5. What do Mehdi and Lars drink afterwards?

- ◯ cola
- ◯ hot chocolate

6. How much is this surah worth?

- ◯ the whole Quran
- ◯ a quarter of the Quran

⭐ **Remember this:** Clear in your faith, with respect for everyone.

✍ Think and write

Answer in a few sentences.

1. How can you be clear about your faith and still stay friendly?

.....

.....

.....

2. What does it mean: to you your religion, and to me mine?

.....

.....

.....

Puzzles

Lesson 7 · Al-Kafirun

🔤 Word search

Find the words: from left to right and from top to bottom.

E	R	L	A	R	S	S	M	I	T	G
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M	P	R	R	A	P	E	E	R	L	O
E	M	E	I	I	O	N	R	N	A	M
C	F	N	T	T	L	T	F	E	R	E
C	I	H	S	H	I	E	E	I	N	H
A	F	R	E	D	T	D	F	A	F	D
R	E	I	R	T	E	R	I	D	P	I
R	E	S	P	E	C	T	A	L	O	T

☐ **RESPECT** ☐ **POLITE** ☐ **FRIEND** ☐ **FAITH** ☐ **MEHDI** ☐ **GHENT** ☐ **OFFER** ☐ **MECCA** ☐ **LARS** ☐ **DIN**

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

An-Nasr

Lesson 8 · surah 110 · help and victory

📖 **The story: An-Nasr**
Read together, part by part.

Part 1 – Champions

Yassine’s futsal team wins the final. Everyone jumps and shouts. Yassine scored the winning goal. On the bus home a teammate says: “Without you we would have lost.” Yassine feels big. Maybe a little too big.

⭐ **After a success you can become arrogant.**

final = last and most important match · **arrogant** = thinking you are better than others

Part 2 – After the greatest victory

At home his father tells him about Surah An-Nasr. After years of hardship the Muslims returned peacefully to Mecca. People came to Islam in groups. The Prophet entered Mecca with his head bowed, so low that his beard almost touched his camel. The surah says: when the help of Allah comes and the victory, glorify your Lord and ask Him for forgiveness.

⭐ **After a victory: thank Allah and stay humble.**

peacefully = without violence · **humble** = not showing off

Part 3 – Thank you

At the next training Yassine says to his team: “We won together. I scored the goal, but Noah gave the pass and Brahim saved everything.” The coach looks surprised. At home Yassine says alhamdulillah. He doesn’t feel smaller. In fact he feels better.

⭐ **Alhamdulillah: success comes from Allah.**

pass = playing the ball to a teammate · **team** = group that plays together

💬 **Let’s talk:** How can you be happy about a success without showing off?

💡 **Did you know? – An-Nasr**

- An-Nasr is one of the last surahs that was revealed.
- Ibn ‘Abbas understood that the surah meant the life of the Prophet was nearly over.
- After this surah the Prophet often said: Subhanaka llahumma wa bi-hamdika, allahumma ghfir li.

📖 **Surah An-Nasr**
surah 110 · 3 verses · Medina

1

إِذَا جَآءَ نَصْرُ ٱللَّهِ وَٱلْفَتْحُ

Idhaa jaa’a nasrul-laahi wal-fath

When the help of Allah comes, and the victory,

2

وَرَأَيْتَ ٱلنَّاسَ يَدْخُلُونَ فِى دِينِ ٱللَّهِ أَفْوَاجًا

Wa ra’aytan-naasa yadkhuluna fi dinil-laahi afwaajaa

and you see people entering Allah’s religion in crowds,

3

فَسَبِّحْ بِحَمْدِ رَبِّكَ وَٱسْتَغْفِرْهُ ۚ إِنَّهُۥ كَانَ تَوَّابًا

Fa sabbih bihamdi rabbika wastaghfirh, innahu kaana tawwaabaa

then glorify the praise of your Lord and ask His forgiveness. He always accepts repentance.

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An-Nasr

Lesson 8 · questions and writing

✔ Questions

Tick the correct answer.

1. Which sport does Yassine play?

◯ basketball ◯ futsal

2. How did Yassine feel on the bus?

◯ too big ◯ ill

3. How did the Prophet enter Mecca?

◯ with a lot of noise ◯ with his head bowed

4. What should you do after a victory?

◯ show off ◯ praise Allah and ask forgiveness

5. Who gave the pass?

◯ Noah ◯ Brahim

6. What does Yassine say at home?

◯ alhamdulillah ◯ nothing

⭐ **Remember this:** After success: thank Allah and stay humble.

✍ Think and write

Answer in a few sentences.

1. What did the Prophet do after the great victory?

.....

.....

.....

2. How can you stay humble when you win something?

.....

.....

.....

Puzzles

Lesson 8 · An-Nasr

🔤 Word search

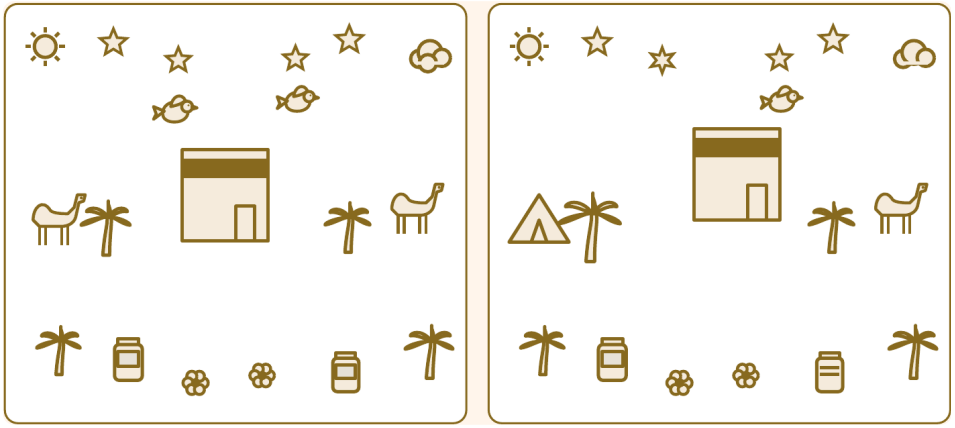
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A	F	N	A	A	I	A	L	N	I	I
S	S	K	I	M	E	C	C	A	M	T
R	S	S	A	T	E	A	M	H	S	A
F	O	R	G	I	V	E	N	E	S	S
N	E	L	T	N	N	A	K	B	E	T
A	S	O	F	I	N	A	L	L	I	K

☐ FORGIVENESS ☐ YASSINE ☐ THANKS ☐ BRAHIM ☐ FINAL ☐ MECCA ☐ NASR ☐ HELP ☐ NOAH ☐ TEAM

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

Al-Fil

Lesson 9 · surah 105 · the elephant

📖 **The story: Al-Fil**
Read together, part by part.

Part 1 – A film

Adam and his cousin Hamza are watching a documentary about elephants. “Did you know there is a surah called The Elephant?” asks Hamza. Adam doesn’t know. Hamza tells him the story his teacher taught him.

⭐ **Surah Al-Fil tells a true story from history.**

documentary = film about real things · **cousin** = son of your uncle or aunt

Part 2 – Abraha’s army

Shortly before the birth of the Prophet, Abraha, a powerful leader from Yemen, built a big church. He wanted everyone to go there instead of to the Ka‘ba. He marched on Mecca with a large army and elephants to destroy the Ka‘ba. The people of Mecca fled into the mountains. Abd al-Muttalib, the grandfather of the Prophet, said: “The House has a Lord who protects it.”

⭐ **The House has a Lord who protects it.**

army = large group of soldiers · **destroy** = break completely

Part 3 – The birds

Then came flocks of birds. They threw small stones of baked clay at the army. The army was defeated, like eaten straw. The elephant would not even walk towards Mecca. That year is called the Year of the Elephant. In that year the Prophet was born. “So no one is stronger than Allah,” says Adam. “Not even with elephants.”

⭐ **No one is stronger than Allah.**

flock = large group of birds · **clay** = earth you make pots from

💬 **Let’s talk:** What does this story teach you about power and about trusting in Allah?

💡 **Did you know? – The Year of the Elephant**

- The Year of the Elephant was around the year 570. The Prophet was born then.
- According to tradition, Abraha’s elephant was called Mahmud.
- The Arabs used this year to date other events.

📖 **Surah Al-Fil**
surah 105 · 5 verses · Mecca

1
أَلَمْ تَرَ كَيْفَ فَعَلَ رَبُّكَ بِأَصْحَٰبِ ٱلْفِيلِ
Alam tara kayfa fa‘ala rabbuka bi ashaabil-fil
Have you not seen what your Lord did to the people of the elephant?

2
أَلَمْ يَجْعَلْ كَيْدَهُمْ فِى تَضْلِيلٍ
Alam yaj‘al kaydahum fi tadlil
Did He not make their plan fail?

3
وَأَرْسَلَ عَلَيْهِمْ طَيْرًا أَبَابِيلَ
Wa arsala ‘alayhim tayran abaabil
He sent against them flocks of birds,

4
تَرْمِيهِم بِحِجَارَةٍ مِّن سِجِّيلٍ
Tarmihim bihijaaratim-min sijjil
pelting them with stones of baked clay,

5
فَجَعَلَهُمْ كَعَصْفٍ مَّأْكُولٍ
Faja‘alahum ka‘asfim-ma‘kul
and made them like eaten straw.

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Al-Fil

Lesson 9 · questions and writing

✔ Questions

Tick the correct answer.

1. What are Adam and Hamza watching?

- ◯ a documentary about elephants
- ◯ a football match

2. Where did Abraha come from?

- ◯ from Egypt
- ◯ from Yemen

3. What did Abraha want to destroy?

- ◯ the Ka'ba
- ◯ a bridge

4. Who said: the House has a Lord?

- ◯ Abraha
- ◯ Abd al-Muttalib

5. What did the birds throw?

- ◯ small stones of clay
- ◯ flowers

6. Who was born in that year?

- ◯ Abraha
- ◯ the Prophet

⭐ **Remember this:** Allah protected the Ka'ba against the army with the elephant.

✍ Think and write

Answer in a few sentences.

1. Tell the story of the elephant in five sentences.

2. What do you learn from this story?

Puzzles

Lesson 9 · Al-Fil

🔤 Word search

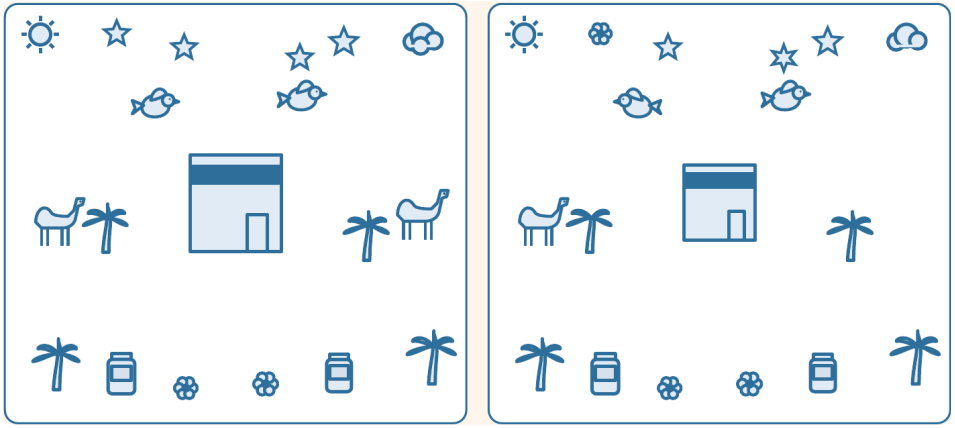
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L	A	A	S	P	Y	E	A	M	B	H
D	C	N	K	K	Z	L	L	N	L	I
E	B	I	R	D	S	E	L	R	D	B
B	A	M	E	I	E	P	R	Y	R	E
P	B	A	R	M	Y	H	H	P	Y	K
Y	R	E	A	H	H	A	M	Z	A	A
M	A	I	I	E	N	N	A	L	R	B
M	H	R	I	I	E	T	A	M	Y	A
A	A	D	A	D	A	M	Y	L	Y	C
D	F	I	L	Y	E	M	E	N	B	I

☐ **ELEPHANT** ☐ **ABRAHA** ☐ **BIRDS** ☐ **YEMEN** ☐ **HAMZA** ☐ **ARMY** ☐ **CLAY** ☐ **KABA** ☐ **ADAM** ☐ **FIL**

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

Quraysh

Lesson 10 · surah 106 · being grateful

📖 **The story: Quraysh**
Read together, part by part.

Part 1 – A full fridge

Selma opens the fridge and sighs: “There’s nothing to eat.” Her mother looks in the fridge: yoghurt, cheese, eggs, vegetables, milk. “Nothing?” she asks. Selma blushes a little.

⭐ **We often forget how much we have.**

fridge = cupboard that keeps food cold · **sigh** = breathe out deeply when something annoys you

Part 2 – The journeys of Quraysh

Mum tells her about Surah Quraysh. The Quraysh were the tribe of the Prophet in Mecca. They were traders. In winter they travelled with caravans to Yemen, in summer to Sham. On the way they were safe, because they lived by the Ka‘ba. Allah says: so let them worship the Lord of this House, who fed them against hunger and gave them safety against fear.

⭐ **Allah gives food against hunger and safety against fear.**

tribe = large family · **caravan** = group of travellers with camels

Part 3 – Two things

Selma thinks. Food and safety. Two things she has every day. On the news she sees children who have neither. That evening she says Bismillah before the meal, and alhamdulillah after it. She gives part of her pocket money to a collection for food aid.

⭐ **Gratitude: Bismillah before and alhamdulillah after the meal.**

pocket money = money you get from your parents · **collection** = gathering money for a good cause

💬 **Let’s talk:** Name three things you can be grateful for today.

💡 **Did you know? – Quraysh**

- The Quraysh were the most important tribe of Mecca. The Prophet belonged to the family of Hashim.
- Sham is the region of present-day Syria, Lebanon, Jordan and Palestine.
- Surah Quraysh and Surah Al-Fil belong together: Allah protected the Ka‘ba, so the Quraysh were safe.

📖 **Surah Quraysh**
surah 106 · 4 verses · Mecca

1
لِإِيلَٰفِ قُرَيْشٍ
Li iilaafi quraysh
For the familiarity of the Quraysh,

2
إِۦلَٰفِهِمْ رِحْلَةَ ٱلشِّتَآءِ وَٱلصَّيْفِ
Iilaafihim rihlatash-shitaa’i was-sayf
their familiarity with the journeys of winter and summer,

3
فَلْيَعْبُدُواْ رَبَّ هَٰذَا ٱلْبَيْتِ
Falya‘budu rabba haadhal-bayt
let them worship the Lord of this House,

4
ٱلَّذِىٓ أَطْعَمَهُم مِّن جُوعٍ وَءَامَنَهُم مِّنْ خَوْفٍۢ
Alladhi at‘amahum min ju‘in wa aamanahum min khawf
who fed them against hunger and made them safe from fear.

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Quraysh

Lesson 10 · questions and writing

✔ Questions

Tick the correct answer.

1. What does Selma say at the fridge?

- ◯ What a feast
- ◯ There’s nothing to eat

2. Who were the Quraysh?

- ◯ the tribe of the Prophet
- ◯ an army from Yemen

3. Where did they travel in winter?

- ◯ to Yemen
- ◯ to Sham

4. Which two things did Allah give them?

- ◯ gold and silver
- ◯ food and safety

5. What does Selma say after the meal?

- ◯ alhamdulillah
- ◯ salam

6. What does Selma give pocket money to?

- ◯ to food aid
- ◯ to a game

⭐ **Remember this:** Thank Allah for your food and your safety.

✍ Think and write

Answer in a few sentences.

1. Which two gifts did Allah give the Quraysh?

.....

.....

.....

2. How can you show your gratitude?

.....

.....

.....

Puzzles

Lesson 10 · Quraysh

🔤 Word search

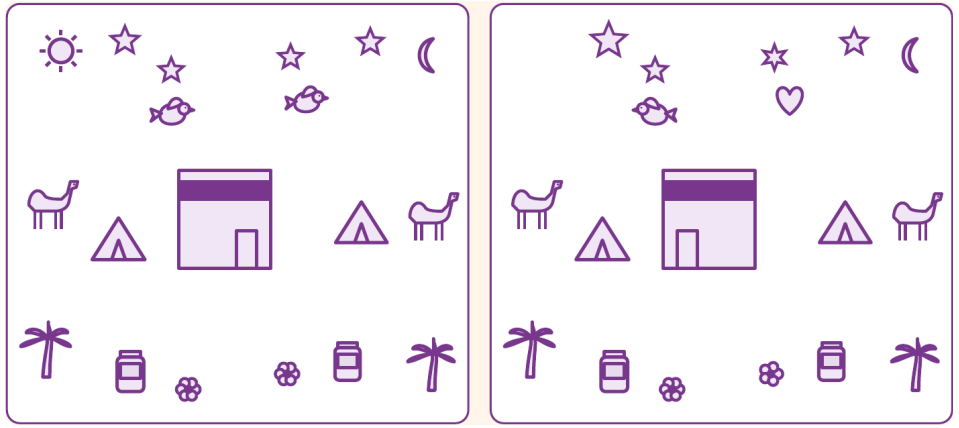
Find the words: from left to right and from top to bottom.

D	H	M	V	A	A	A	O	S	A	N
F	O	O	D	S	E	L	M	A	K	E
A	Y	R	E	T	R	I	B	E	N	A
S	F	S	C	C	A	R	A	V	A	N
E	A	U	H	W	I	N	T	E	R	S
A	U	M	S	D	E	L	F	M	E	A
M	S	M	A	Q	A	Y	S	A	Y	S
A	U	E	Q	U	R	A	Y	S	H	A
V	M	R	K	U	F	H	M	T	I	F
T	H	A	N	K	S	S	E	J	M	E
U	Y	C	U	J	O	U	R	N	E	Y

☐ QURAYSH ☐ JOURNEY ☐ CARAVAN ☐ WINTER ☐ SUMMER ☐ THANKS ☐ TRIBE
☐ SELMA ☐ FOOD ☐ SAFE

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Name: ..... Date: .....

Al-Masad

Lesson 11 · surah 111 · the rope of fibre

📖 **The story: Al-Masad**
Read together, part by part.

Part 1 – Designer clothes

Zakaria has a cousin, Anas, who always shows off. New trainers, an expensive jacket, the latest phone. “My father has money,” he says. “I don’t need to study.” Zakaria sometimes feels small next to him. At home he asks his father: “Is Anas better than me?” His father doesn’t laugh. He takes the Quran.

⭐ **Money does not make a person better.**

show off = let people see how good or rich you are · **designer clothes** = expensive clothes from a famous brand

Part 2 – The Prophet’s uncle

His father reads Surah Al-Masad. “Abu Lahab was the uncle of the Prophet. He was rich and highly respected in Mecca. When the Prophet called his family to Islam, Abu Lahab shouted: Is that why you called us together? He and his wife hurt the Prophet a lot. She put thorns on his path.” Allah says: his wealth and what he earned did not help him. “Even being family of the Prophet doesn’t help,” says his father, “if your heart and your deeds are bad.”

⭐ **Wealth and family do not save you: your deeds count.**

respect = people look up to you · **thorns** = sharp points on a plant

Part 3 – What counts

Zakaria thinks. He has no designer clothes, but he helps his mother, he studies, he prays. The next time Anas shows off, Zakaria says calmly: “Nice shoes. But I’d rather choose a diploma.” Anas laughs, but a month later he asks Zakaria for help with maths.

⭐ **With Allah, your heart and your deeds count.**

diploma = paper that says you have passed · **maths** = calculating at school

💬 **Let’s talk:** Why do some people think money makes them better? What do you think?

💡 **Did you know? – Al-Masad**

- Al-Masad is also called Surah Al-Lahab. Lahab means flame.
- Abu Lahab’s real name was Abd al-‘Uzza. He was a brother of the Prophet’s father.
- Other uncles, like Hamza and Al-‘Abbas, did become Muslim and helped the Prophet.

📖 **Surah Al-Masad**
surah 111 · 5 verses · Mecca

1
تَبَّتْ يَدَا أَبِي لَهَبٍ وَتَبَّ
Tabbat yadaa abi lahabin wa tabb
Perish the hands of Abu Lahab, and perish he!

2
مَا أَغْنَىٰ عَنْهُ مَالُهُ وَمَا كَسَبَ
Maa aghnaa ‘anhu maaluhu wa maa kasab
His wealth and what he earned did not help him.

3
سَيَصْلَىٰ نَارًا ذَاتَ لَهَبٍ
Sa-yaslaa naaran dhaata lahab
He will enter a fire of flames,

4
وَامْرَأَتُهُ حَمَّالَةَ الْحَطَبِ
Wamra’atuhu hammaalatal-hatab
and his wife too, the carrier of firewood,

5
فِي جِيدِهَا حَبْلٌ مِّن مَّسَدٍ
Fi jidihaa hablum-mim-masad
with a rope of twisted fibre around her neck.

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Al-Masad

Lesson 11 · questions and writing

✔ Questions

Tick the correct answer.

1. Who always shows off?

◯ Zakaria ◯ Anas

2. Who was Abu Lahab?

◯ the uncle of the Prophet ◯ a friend of the Prophet

3. What did his wife put on the path?

◯ flowers ◯ thorns

4. What did not help Abu Lahab?

◯ his wealth ◯ his prayer

5. What does lahab mean?

◯ water ◯ flame

6. What does Anas ask help with?

◯ with maths ◯ with football

⭐ **Remember this:** Money and family do not save you: your heart and your deeds count.

✍ Think and write

Answer in a few sentences.

1. Why did his wealth not help Abu Lahab?

2. What do you think really counts with Allah?

Puzzles

Lesson 11 · Al-Masad

🔤 Word search

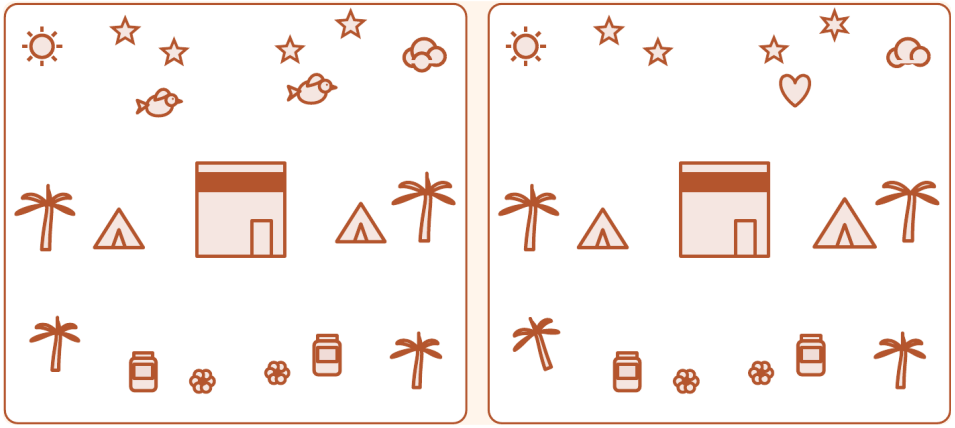
Find the words: from left to right and from top to bottom.

R	T	H	O	R	N	S	A	N	D	W
A	A	A	P	E	H	R	A	U	E	E
E	H	O	H	D	E	E	D	S	E	A
A	I	U	M	L	E	C	I	M	A	L
L	Z	A	K	A	R	I	A	A	D	T
A	S	L	A	N	A	S	M	S	A	H
H	A	A	S	A	Z	F	C	A	Z	R
A	P	H	N	O	E	R	F	D	U	A
B	A	D	E	T	E	O	O	C	A	A
K	U	N	C	L	E	P	N	L	A	D
U	R	F	L	A	M	E	N	O	S	S

☐ ZAKARIA ☐ WEALTH ☐ THORNS ☐ MASAD ☐ LAHAB ☐ FLAME ☐ UNCLE ☐ DEEDS ☐ ROPE ☐ ANAS

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.



Word list

advise = say that something is good to do
age = how old you are
army = large group of soldiers
arrogant = thinking you are better than others
a'udhu billah = I seek protection with Allah
caravan = group of travellers with camels
choice = decision between two things
Christmas market = market in December with stalls
clay = earth you make pots from
clear = easy to understand
clear = so that everyone understands
collection = gathering money for a good cause
comfort = words that make you less sad
cousin = son of your uncle or aunt
cut off = without a future
daybreak = first light of the morning
decide = determine
deeds = what you do
describe = tell what something is like
designer clothes = expensive clothes from a famous brand
destroy = break completely
diploma = paper that says you have passed
documentary = film about real things
envy = not wanting someone else to have something
equal = the same
final = last and most important match
flock = large group of birds
fridge = cupboard that keeps food cold
hesitate = doubt before you say something
humble = not showing off
imagine = make a picture in your head
internship = learning at a workplace
laugh at = laugh about someone to hurt him
library = place where you borrow books
limit = a line you don't cross
maths = calculating at school
meaning = what something means
midnight = twelve o'clock at night
note = small piece of paper with text
offer = an idea you put to someone
pass = playing the ball to a teammate
patient = able to wait calmly
peacefully = without violence
plan = deciding in advance how to do something
pocket money = money you get from your parents
praise = saying something good about someone
precious = worth a lot
promise = saying you will certainly do something
religion = faith
remember = think of someone, mention his name
respect = valuing someone as he is
respect = people look up to you
rude = not friendly
screen time = time on your phone or computer
sensible = thinking wisely
show off = let people see how good or rich you are
sigh = breathe out deeply when something annoys you
swear = say something very solemnly
team = group that plays together
test = small exam at school
the straight path = the right way in life
thorns = sharp points on a plant
tribe = large family
waswas = the whisperer
well-lit = with lamps
whisper = talk very quietly