Name: ..... Date: .....

No bullying

Lesson 10 · laugh at no one

📖 **The story: No bullying**
Read together, part by part.

Part 1 – Different

Tom is new in the class. He stutters. When he answers, some people laugh. Rida sniggers along too. At break Tom always stands alone by the fence. Rida notices it, but does nothing. It isn't his problem, is it?

☆ **Laughing along is also joining in.**

stutter = find it hard to speak smoothly, repeat words · **snigger** = laugh quietly

Part 2 – Perhaps better

In Islam class Mr Driss reads out a verse: let no group laugh at another group, perhaps they are better than them. "Allah doesn't look at your appearance or how you speak," he says. "He looks at your heart and your deeds." He tells them about Abdullah ibn Mas'ud, a companion with very thin legs. People laughed about it. The Prophet said: those legs weigh more on the scale than the mountain of Uhud.

☆ **Laugh at no one: perhaps he is better than you.**

appearance = how someone looks · **Uhud** = a big mountain near Medina

Part 3 – At the fence

At the next break Rida goes to the fence. "Do you want to play football?" Tom looks surprised. He nods. He turns out to be the best goalkeeper in the school. When someone laughs at his stutter again, Rida says: "Leave him. He just saved three balls." The laughing stops. Tom doesn't speak more smoothly, but he no longer stands alone.

☆ **One person who stands up for another can change everything.**

stand up for someone = defend someone · **goalkeeper** = the player in goal

💬 **Let's talk:** What can you do when you see someone being bullied? Who can you ask for help?

💡 **Did you know? – Bullying**

- The Prophet said: it is evil enough for a person to look down on his Muslim brother.
- At school you can report bullying to a teacher, a pupil counsellor or the school's support service.
- If you are being bullied, you can also call or chat with a children's helpline (free and anonymous).

📖 **From the Quran**

Quran 49:11

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا يَسْخَرْ قَوْمٌ مِّن قَوْمٍ عَسَىٰ أَن يَكُونُوا خَيْرًا مِّنْهُمْ

Yaa ayyuha lladhina aamanu laa yaskhar qawmum min qawmin ’asaa an yakunu khayran minhum.

“You who believe: let no group laugh at another group. Perhaps they are better than them.”

No bullying

Lesson 10 · questions and writing

✔ Questions

Tick the correct answer.

1. Why do some people laugh at Tom?

- ◯ he stutters
- ◯ he is late

2. Where does Tom stand at break?

- ◯ by the fence
- ◯ in the classroom

3. What does Allah look at?

- ◯ your clothes
- ◯ your heart and your deeds

4. Who had thin legs?

- ◯ Abu Bakr
- ◯ Abdullah ibn Mas‘ud

5. What does Tom turn out to be?

- ◯ a good goalkeeper
- ◯ a good singer

6. Who can you go to about bullying?

- ◯ a teacher or counsellor
- ◯ nobody

☆ **Remember this:** Laugh at no one: Allah looks at your heart.

✍ Think and write

Answer in a few sentences.

1. Why is laughing along also joining in?

.....

.....

.....

2. What can you do for someone who stands alone?

.....

.....

.....

Puzzles

Lesson 10 · No bullying

🔤 Word search

Find the words: from left to right and from top to bottom.

M	S	Y	N	B	R	E	A	K	E	G
D	S	P	R	G	D	O	R	G	A	E
U	R	N	E	O	F	E	F	O	H	E
L	A	L	S	A	K	B	E	A	O	O
O	D	B	P	G	B	U	N	L	T	H
P	R	R	E	U	E	L	C	K	O	E
H	I	E	C	H	U	L	E	E	M	A
R	S	R	T	U	L	Y	E	E	L	R
L	S	I	T	D	R	I	T	P	L	T
T	E	D	T	T	T	N	A	E	E	U
D	R	A	Y	U	G	G	K	R	F	O

☐ GOALKEEPER ☐ BULLYING ☐ RESPECT ☐ FENCE ☐ BREAK ☐ DRISS ☐ HEART ☐ RIDA ☐ UHUD ☐ TOM

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.

