Name: ..... Date: .....

My parents

Lesson 6 · respect and care

📖 **The story: My parents**

Read together, part by part.

Part 1 – Uff

Moussa is sixteen. His father asks: “Will you help me carry the shopping from the car?” Moussa is in the middle of a game. “Uff, later,” he says, irritated. His father carries everything upstairs alone. Later Moussa sees that his father is struggling with his back. He feels bad.

☆ **Even a small ‘uff’ can hurt your parents.**

irritated = a little angry · **struggle** = have trouble, not manage well

Part 2 – Not even uff

In the Quran Allah says: be good to your parents. If one or both of them grow old, do not even say ‘uff’ to them and do not snap at them. Speak to them gently and kindly. And pray: my Lord, have mercy on them, as they cared for me when I was small. A man asked the Prophet: who most deserves my good care? “Your mother,” he said. “And then?” “Your mother.” “And then?” “Your mother.” “And then?” “Your father.”

☆ **After Allah, your parents deserve the most respect.**

snap at = answer briefly and angrily · **merciful** = full of love and care

Part 3 – Sorry, Dad

Moussa goes to his father. “Sorry about earlier.” His father smiles. “It’s already forgotten.” That evening Moussa puts a heat pad on his father’s back. On Saturday he does the shopping alone. His mother looks surprised. “What’s happened to you?” Moussa grins. “I read a verse.”

☆ **Rabbi rhamhuma: my Lord, have mercy on them.**

heat pad = cushion that gets warm against pain · **grin** = smile broadly

💬 **Let’s talk:** What can you do this week to make your parents happy?

💡 **Did you know? – Parents in Islam**

- In the Quran, being good to your parents often comes straight after worshipping Allah.
- Paradise lies at the feet of mothers, says a well-known narration.
- Even if your parents have died, you can pray for them and give sadaqa.

📖 **From the Quran**

Quran 17:24

وَقُل رَّبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

Wa qul rabbi rhamhumaa kamaa rabbayaani saghiraa.

“And say: my Lord, have mercy on them, as they cared for me when I was small.”

My parents

Lesson 6 · questions and writing

✔ Questions

Tick the correct answer.

1. What does Moussa say to his father?

- ◯ yes, I’m coming
- ◯ uff, later

2. What does his father have trouble with?

- ◯ his back
- ◯ his head

3. What may you not even say to your parents?

- ◯ uff
- ◯ thank you

4. Who did the Prophet name three times?

- ◯ your friend
- ◯ your mother

5. What does Moussa put on his father’s back?

- ◯ a heat pad
- ◯ a book

6. What does Moussa do on Saturday?

- ◯ the shopping
- ◯ gaming

☆ **Remember this:** No ‘uff’ to your parents: speak gently and help them.

✍ Think and write

Answer in a few sentences.

1. What can you do when you are tired and your parents ask for help?

.....

.....

.....

2. Write the du‘a for your parents in your own language.

.....

.....

.....

Puzzles

Lesson 6 · My parents

🔤 Word search

Find the words: from left to right and from top to bottom.

Y	T	R	E	T	R	A	F	K	O	T
S	R	A	R	C	R	R	A	M	R	M
O	R	S	F	A	E	A	T	R	E	M
R	M	O	E	R	R	H	H	P	S	O
R	O	T	M	E	R	M	E	C	P	U
Y	T	F	R	R	R	A	R	U	E	S
R	H	B	A	C	K	O	T	F	C	S
S	E	A	R	F	A	S	Y	F	T	A
U	R	R	A	A	R	S	E	M	A	C
R	A	P	A	R	E	N	T	S	A	N
S	N	U	F	T	S	C	R	B	P	E

☐ **PARENTS** ☐ **RESPECT** ☐ **MOTHER** ☐ **FATHER** ☐ **MOUSSA** ☐ **SORRY** ☐ **RAHMA**

☐ **CARE** ☐ **BACK** ☐ **UFF**

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.

