Name: ..... Date: .....

Bismillah and a‘udhu

Lesson 1 · beginning with Allah

📖 The story: Bismillah and a‘udhu

Read together, part by part.

Part 1 – Forgotten

Imane is fifteen. She quickly eats a biscuit on the way to the bus. Her grandmother sees it and says: “You forgot Bismillah.” “Grandma, it’s only a biscuit,” laughs Imane. Grandma laughs too, but she says: “A biscuit, a test, a new day. Everything you begin with the name of Allah gets baraka.” Imane doesn’t really know what baraka is. “Blessing,” says Grandma. “Something small becomes big and good.”

☆ Begin everything with Bismillah: then it gets baraka.

baraka = blessing from Allah · **test** = small exam at school

Part 2 – Two short sentences

In Islam class Ms Samira explains two sentences. Bismillahi r-rahmani r-rahim: in the name of Allah, the Most Gracious, the Most Merciful. You say that when you begin something: eating, reading, your homework, getting on your bike. A‘udhu billahi mina sh-shaytani r-rajim: I seek protection with Allah from the accursed devil. You say that before you read the Quran, when you are angry or when you want to do something bad. “The one opens the door to good,” says Ms Samira. “The other closes the door to evil.”

☆ Bismillah opens the door to good, a‘udhu closes the door to evil.

protection = being kept safe · **accursed** = driven away from Allah’s mercy

Part 3 – A habit

Imane decides to try something. For a week she says Bismillah at everything she begins. On day two she forgets it three times. On day six it comes naturally. When her brother teases her and she wants to shout back, she whispers a‘udhu billah. She stays calm. “You’re different this week,” says her brother. Imane smiles. She has a new habit, and it costs nothing.

☆ Two short sentences can change your whole day.

habit = something you do automatically · **tease** = annoy someone a little for fun

💬 **Let’s talk:** With which things you do every day can you say Bismillah?

💡 Did you know? – Bismillah in the Quran

- Every surah of the Quran begins with Bismillah, except surah 9, At-Tawba.
- Forgot Bismillah when eating? Then say: Bismillahi awwalahu wa akhirah.
- You say a‘udhu billah before reading the Quran. That way you ask Allah for calm and attention.

📖 **From the Quran**

Quran 16:98

فَإِذَا قَرَأْتَ الْقُرْآنَ فَاسْتَعِذْ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

Fa-idhaa qara’ta l-qur’aana fasta’idh bi-llaahi mina sh-shaytaani r-rajim.

“When you read the Quran, seek protection with Allah from the accursed devil.”

Bismillah and a‘udhu

Lesson 1 · questions and writing

✔ Questions

Tick the correct answer.

1. What does Imane eat on the way to the bus?

- ◯ a biscuit
- ◯ an apple

2. What does baraka mean?

- ◯ blessing
- ◯ speed

3. When do you say Bismillah?

- ◯ only when you go to sleep
- ◯ when you begin something

4. What does a‘udhu billah mean?

- ◯ I seek protection with Allah
- ◯ all praise is for Allah

5. Which surah does not begin with Bismillah?

- ◯ Al-Fatiha
- ◯ At-Tawba

6. What does Imane say when her brother teases?

- ◯ a‘udhu billah
- ◯ nothing

☆ **Remember this:** Begin with Bismillah, protect yourself with a‘udhu billah.

✍ Think and write

Answer in a few sentences.

1. Why is it good to begin everything with Bismillah?

2. When could a‘udhu billah help you?

Puzzles

Lesson 1 · Bismillah and a‘udhu

🔤 Word search

Find the words: from left to right and from top to bottom.

D	M	H	I	B	I	B	R	M	G	N
M	B	S	M	H	A	B	I	T	D	H
I	I	B	M	A	A	E	B	R	U	B
B	S	D	S	G	A	S	I	A	I	L
A	C	H	A	R	K	R	S	L	M	E
R	U	D	M	A	S	D	M	I	A	S
A	I	A	I	N	D	B	I	M	N	S
K	T	U	R	D	O	D	L	M	E	I
A	N	D	A	M	O	S	L	I	M	N
G	I	H	A	A	R	B	A	M	N	G
A	I	U	T	T	H	K	H	A	A	O

☐ BISMILLAH ☐ BLESSING ☐ GRANDMA ☐ BISCUIT ☐ BARAKA ☐ SAMIRA ☐ AUDHU

☐ IMANE ☐ HABIT ☐ DOOR

🔍 Spot the 7 differences

Something is missing, bigger, smaller, turned or moved.

